



## The Cornwall Virtual School Games Monday 22<sup>nd</sup> to Friday 26<sup>th</sup> June 2020

Welcome to the first ever **Cornwall Virtual School Games!** #CornwallVSG2020 sponsored by the University of Exeter.

We are excited to introduce this year's Games... **with a twist!** Although we won't be going to host venue, Poltair School to celebrate the amazing sporting achievements of Cornwall's young people, we will be coming together to get active, focus on wellbeing and take on some active challenges! The best part? Everyone can get involved!

There will be a week of sports based physical activity challenges young people can get involved in. The challenges are suitable for primary and secondary aged children and have ideas for adaptations to suit all abilities, making them inclusive for all. The challenges will be released during the week of the 8<sup>th</sup> June so people can register and get practising, and include:

- **Monday 22<sup>nd</sup>** – Athletics
- **Tuesday 23<sup>rd</sup>** – Bowls/Boccia
- **Wednesday 24<sup>th</sup>** – Gymnastics
- **Thursday 25<sup>th</sup>** – Ball Sports
- **Friday 26<sup>th</sup>** – Tennis

As well as the above, there will also be a separate task running throughout the whole week called 'Making up the Miles'. This will involve walking, running, cycling, skating or scooting to collect as many miles in distance as you can.

### How do I register our School for the #CornwallVSG2020

- Go to the Cornwall [School Games Facebook page](#) or the [Cornwall School Games section](#) of the Active Cornwall website to download the registration form to register your school
- Registration closes on **Friday 19<sup>th</sup> June at 4.00pm**
- Those who register between **8<sup>th</sup> June – 14<sup>th</sup> June** and **participate in the #CornwallVSG2020**, will be put into a prize draw with a chance of winning **£1,000** towards delivery of your PE&SS programme.
- **Every School who participates** will receive a University of Exeter #CornwallVSG2020 pennant
- Each school that gets **50 children** to participate (lower for smaller primary schools) receives 50 #CornwallVSG2020 University of Exeter T shirts

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### How do participants score points?

Children and young people can score points by completing activities which combine together to make a total for their year group – the more they complete, the more points they will get for their school, so encourage them to get stuck in to as many of the challenges as they want!

As well as scoring points through completing the activities, we are also looking out for other ways to reward those who are taking part in the Virtual Games. Here are alternative ways participants can gain points for their school:

Bonus points can be achieved by tagging us on Facebook @CornwallSchoolGames with any of the following:

- 1 point for a photo of you completing a challenge
- 1 point for every family member and year group teacher who tries the challenge in the photo
- 1 point for completing it in fancy dress
- 1 point for posting a video telling us how you have engaged with one of the 5 Ways to Wellbeing: Take Notice, Be Active, Give, Connect & Keep Learning.

If participants don't have Facebook, get them to send their pictures, videos and stories into you at school so it can go onto the school Facebook page! It's important participants remember to include their name, year group and school name so we know who to give the extra points to!

### How do participants submit their results?

- Individual participants should fill in the Cornwall Virtual School Games results form that schools should send out to them for Monday 22<sup>nd</sup> June. The link for this form will be made available closer to the time.
- This form has a page for each day's results. The results for that day should be **filled in by 4pm on that day**. For example, Monday will be athletics challenges. Participants should complete their challenges and then submit their score using the results sheet. On Tuesday, they will do the same but bypass the athletics section and move onto the Bowls/Boccia section to submit their results.
- There is also a page at the end to submit results for the 'Making up the Mile' challenge which runs throughout the week. Scores for this challenge should be tallied up throughout the week and a final score submitted on Friday 26<sup>th</sup> before 4pm.
- **Any results that are not submitted on the correct day or after the closing deadline will not count**

If you have any questions, please feel free to contact your local SGO or Active Cornwall on [cornwallschoolgames@cornwall.gov.uk](mailto:cornwallschoolgames@cornwall.gov.uk)

Get involved, get your families and teachers involved, and earn your year group and school some points! Good luck, and most importantly... **have fun!**

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