

Spring/Summer
2018

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£437.00*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

If you would like to know more about our school meals, contact Di Thomas
- Tel: 01872 540544, e-mail: diana.thomas@compass-group.co.uk

Food Super Heroes Menu


Chartwells
EAT LEARN LIVE

Week one

Monday

16/04 07/05 04/06 25/06 16/07 03/09 24/09 15/10

Choose a main meal...

Mozzarella & Tomato Pizza with Pasta Salad ✓
Mediterranean Summer Beans with Rice ✓

on the side...

Crunchy Salad
Peas

for dessert...

Wedges of Melon & Orange

Tuesday

Choose a main meal...

Chicken Mayo Burger with Jacket Wedges ✓
Chinese Vegetable Noodles ✓

on the side...

House Coleslaw
Sweetcorn

for dessert...

Mini Chocolate Brownie with Banana & Custard

Wednesday

Choose a main meal...

Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy ✓

on the side...

Seasonal Cabbage
Carrots

for dessert...

Blueberry Fro Yoghurt

Thursday

Choose a main meal...

Beef Chilli with Rice
Macaroni, Sweetcorn & Cheese Bake ✓

on the side...

Broccoli
Cauliflower

for dessert...

Berry Flapjack

Friday

Choose a main meal...

Crispy Fish & Chips
Veggie Hot Dog with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Orange Shortbread with Yoghurt Dipper

Week two

23/04 14/05 11/06 02/07 23/07 10/09 01/10 22/10

Choose a main meal...

Mac 'N' Cheese ✓
Vegetarian Moussaka ✓

on the side...

Broccoli
Sweetcorn
for dessert...
Vanilla Ice Cream

Choose a main meal...

Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy ✓

on the side...

Sweetcorn
Seasonal Cabbage
for dessert...
Chocolate & Banana Mousse Pot

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy
Cauliflower and Broccoli Cheese Bake with Roast Potatoes & Gravy ✓

on the side...

Peas
Roasted Vegetables
for dessert...
Oatie Biscuits with Fruit Slices

Choose a main meal...

Beef Mousakka
Creamy Tomato & Basil Pasta ✓

on the side...

Carrots
Green Beans
for dessert...
Carrot & Banana Slice with Custard

Choose a main meal...

Golden Fish Fingers & Chips
Bean Burger in a Bun & Tomato Relish with Chips ✓

on the side...

Baked Beans
Crunchy Light Coleslaw
for dessert...
Strawberry Jelly

Week three

£2.30

30/04 21/05 18/06 09/07 17/09 08/10

Choose a main meal...

Cheesy Pizza Bianca with Jacket Wedges ✓
Vegetarian Bolognese ✓

on the side...

Peas
Apple Slaw
for dessert...
Mango Fro Yoghurt

Choose a main meal...

Creamy Chicken Curry with Rice
Vegetable Lasagne ✓

on the side...

Broccoli
Carrots
for dessert...
Apple Crumble with Custard

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Country Vegetable Pie with Roast Potatoes & Gravy ✓

on the side...

Seasonal Cabbage
Sweetcorn
for dessert...
Wedges of Pear, Apple & Orange

Choose a main meal...

Beef Pasta Bolognese
Mild Potato & Chickpea Curry with Rice ✓

on the side...

Green Beans
Mediterranean Vegetables
for dessert...
Chocolate & Gingerbread Bite

Choose a main meal...

Crispy Salmon Fillet with Chips
Golden Fish Fingers with Chips
Bean & Pepper Fajita with Chips ✓

on the side...

Baked Beans
Peas
for dessert...
Strawberry Ice Cream

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY



All our bananas are FAIRTRADE

