

# Step 1: Hours, Minutes and Seconds

## Introduction

**Would you measure the following events in hours, minutes or seconds?**

**How long you spend at school in a day**

**How long it takes to drive to the centre of London**

**The length of a TV show**

**How quickly you can do 10 jumping jacks**

## Introduction

**Would you measure the following events in hours, minutes or seconds?**

**How long you spend at school in a day**  
**hours**

**How long it takes to drive to the centre of London**  
**hours/minutes depending on where you live**

**The length of a TV show**  
**minutes**

**How quickly you can do 10 jumping jacks**  
**seconds**

## Varied Fluency 1

**Complete the table**

<b>Hours</b>	<b>Minutes</b>
<b>1 hour 15 minutes</b>	
	<b>95</b>
<b>2 hours 40 minutes</b>	
	<b>185</b>
<b>4 hours 10 minutes</b>	



## Varied Fluency 1

**Complete the table**

<b>Hours</b>	<b>Minutes</b>
<b>1 hour 15 minutes</b>	<b>75</b>
<b>1 hour 35 minutes</b>	<b>95</b>
<b>2 hours 40 minutes</b>	<b>160</b>
<b>3 hours 5 minutes</b>	<b>185</b>
<b>4 hours 10 minutes</b>	<b>250</b>

## Varied Fluency 2

Fill in  $<$ ,  $>$  or  $=$  to make the statement correct.

2 minutes 20 seconds

140 seconds

## Varied Fluency 2

Fill in  $<$ ,  $>$  or  $=$  to make the statement correct.

2 minutes 20 seconds

$=$

140 seconds

### Varied Fluency 3

**Match the times together to find the odd one out.**

**145 minutes**

**1 hour 45  
minutes**

**190 seconds**

**105 minutes**

**3 minutes 10  
seconds**



### Varied Fluency 3

Match the times together to find the odd one out.

**odd one out**

**145 minutes**

**1 hour 45  
minutes**

**190 seconds**

**105 minutes**

**3 minutes 10  
seconds**

### Varied Fluency 4

**Which children were quicker in week 1?**

<b>Name</b>	<b>Week 1</b>	<b>Week 2</b>
<b>Jamie</b>	<b>2 hours 20 minutes</b>	<b>150 minutes</b>
<b>Tami</b>	<b>130 seconds</b>	<b>2 minutes</b>
<b>Ahmed</b>	<b>215 minutes</b>	<b>3 hours 40 minutes</b>

### Varied Fluency 4

Which children were quicker in week 1?

Name	Week 1	Week 2
Jamie	2 hours 20 minutes	150 minutes
Tami	130 seconds	2 minutes
Ahmed	215 minutes	3 hours 40 minutes

## Reasoning 1

**True or false? Explain why.**

**A**

**155 minutes**

**<**

**2 hours  
45 minutes**

**B**

**3 hours  
5 minutes**

**>**

**185 minutes**

**C**

**4 minutes  
40 seconds**

**=**

**290 seconds**



## Reasoning 1

True or false? Explain why.

A

155 minutes

<

2 hours  
45 minutes

**A: True because 155 minutes = 2 hours 35 minutes, which is < 2 hours 45 minutes.**

B

3 hours  
5 minutes

>

185 minutes

**B: False because 3 hours 5 minutes = 185 minutes, so they are both equal.**

C

4 minutes  
40 seconds

=

290 seconds

**C: False because 4 minutes 40 seconds = 280 seconds, which is < 290 seconds.**

## Reasoning 2

**Yasir says,**



**I ran the race in 195 minutes. I win.**

**Sienna says,**



**I ran the race in 2 hours 55 minutes. I win.**

**Explain who is correct.**

## Reasoning 2

**Yasir says,**



**I ran the race in 195 minutes. I win.**

**Sienna says,**



**I ran the race in 2 hours 55 minutes. I win.**

**Explain who is correct.  
Sienna is correct because...**

## Reasoning 2

Yasir says,



I ran the race in 195 minutes. I win.

Sienna says,



I ran the race in 2 hours 55 minutes. I win.

Explain who is correct.

**Sienna is correct because 2 hours 55 minutes = 175 minutes which is quicker than 195 minutes. Sienna won the race.**



### Problem Solving 1

**Everyone starts writing cards at the same time.  
Calculate the order in which the cards will be ready.**

<b>Child A</b>	<b>195 seconds</b>
<b>Child B</b>	<b>3 <math>\frac{1}{2}</math> minutes</b>
<b>Child C</b>	<b>3 minutes 25 seconds</b>

### Problem Solving 1

**Everyone starts writing cards at the same time.  
Calculate the order in which the cards will be ready.**

<b>Child A</b>	<b>195 seconds</b>
<b>Child B</b>	<b>3 ½ minutes</b>
<b>Child C</b>	<b>3 minutes 25 seconds</b>

**Child A (3 minutes 15 seconds or 195 seconds)**

**Child C (3 minutes 25 seconds or 205 seconds)**

**Child B (3 minutes 30 seconds or 210 seconds)**