Week one

22/04 13/05 10/06 01/07 22/07 01/09 23/09 18/10

Monday

Choose a main meal...
- Tomato & Mozzarella Pizza with Pasta Salad V
- Chinese Style Veggie Rice V

on the side...
- Broccoli
- Mixed Salad

for dessert...
- Mango Frozen Yoghurt

Tuesday

Choose a main meal...
- Chicken, Pea & Potato Bake
- Veggie Hot Dog with Jacket Wedges V

on the side...
- Peas
- Sweetcorn

for dessert...
- Pear Upside Down Cake with Custard

Wednesday

Choose a main meal...
- Roast Turkey with Roast Potatoes & Gravy
- Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy V

on the side...
- Carrots
- Cabbage

for dessert...
- Flapjack with Fruit Slices

Thursday

Choose a main meal...
- BBQ Beef Meatballs with Pasta
- Vegetable Pasta Bolognese V

on the side...
- Green Beans
- Sweetcorn

for dessert...
- Berry Chill

Friday

Choose a main meal...
- Golden Fish Fingers with Chips
- Salmon Fish Fingers with Chips
- Quorn Dippers with Chips V

on the side...
- Peas
- Baked Beans

for dessert...
- Brownie Cake

Week two

29/04 20/05 17/06 08/07 09/09 30/09

Monday

Choose a main meal...
- BBQ Quorn Burger with Jacket Wedges V
- Mediterranean Tart with Pesto Pasta V

on the side...
- Crunchy Coleslaw
- Mixed Salad

for dessert...
- Chocolate Sponge Cake with Custard

Tuesday

Choose a main meal...
- Pork Sausages with Creamy Mash
- Vegetarian Sausages with Creamy Mash V

on the side...
- Peas
- Baked Beans

for dessert...
- Strawberry Sponge Swirl

Wednesday

Choose a main meal...
- Roast Chicken with Roast Potatoes & Gravy
- Cauliflower & Creamed Corn Bake with Roast Potatoes V

on the side...
- Cabbage
- Carrots

for dessert...
- Cheese & Biscuits

Thursday

Choose a main meal...
- Pasta Bolognese
- Mild Chickpea Curry with Rice V

on the side...
- Broccoli
- Sweetcorn

for dessert...
- Apple & Carrot Slice

Friday

Choose a main meal...
- Crispy Fish & Chips
- Baked Bean & Cheese Quesadilla with Chips V

on the side...
- Peas
- Tomato & Cucumber Salad

for dessert...
- Oatie Biscuit with Fruit Slices

Week three

£2.30

06/05 03/06 24/06 15/07 16/09 07/10

Monday

Choose a main meal...
- Mac 'N' Cheese V
- Vegetable Korma with Rice V

on the side...
- Broccoli
- Carrots

for dessert...
- Peach Slice

Tuesday

Choose a main meal...
- Chicken & Sweetcorn Pizza with Jacket Wedges
- Cheesy Bubble & Squeak V

on the side...
- Peas
- Crunchy Salad

for dessert...
- Lemon Drizzle Cake

Wednesday

Choose a main meal...
- Roast Pork with Roast Potatoes & Gravy,
- Quorn Roast with Roast Potatoes & Gravy V

on the side...
- Carrots
- Cabbage

for dessert...
- Blueberry Frozen Yoghurt

Thursday

Choose a main meal...
- Chinese Chicken Rice
- Creamy Pesto Pasta V

on the side...
- Green Beans
- Sweetcorn

for dessert...
- Apple & Berry Crumble with Custard

Friday

Choose a main meal...
- Golden Fish Fingers & Chips
- Sweet Potato & Chickpea Burger with Chips V

on the side...
- Baked Beans
- Peas

for dessert...
- Chocolate Shortbread with Fruit Slices

All our milk is Red Tractor approved

WE BUY 95% of our seasonal vegetables direct from British growers

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us
Our special diets menu can be provided following documentation from medical professional
Jacket potatoes with assorted toppings, fruit and yoghurts available daily

change 4 life

eat right stay bright

WE SUPPORT 82 BRITISH DAIRY FARMS

We only use Lion Quality British Eggs

FARM TO FORK
We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

All our bananas are FAIRTRADE

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